

With thanks to:

Parentkind

HOW
**ACTION FOR
CHILDREN**
WORKS



Every
Child
Should...



Proudly supporting
youth social action



Department
for Education



**Bardfield
Academy**
Striving to achieve, together we'll succeed



Name

Start date

End date



Activity

	✓	Date:
1. * Keep a diary for a week	<input type="checkbox"/>	<input type="text"/>
2. * Take a trip on a train	<input type="checkbox"/>	<input type="text"/>
3. * Send an email to a Member of Parliament	<input type="checkbox"/>	<input type="text"/>
4. * Learn to knit	<input type="checkbox"/>	<input type="text"/>
5. * Recite a piece of Shakespeare	<input type="checkbox"/>	<input type="text"/>
6. * Watch a show/play at a theatre	<input type="checkbox"/>	<input type="text"/>
7. * Make a periscope – reflect light with mirrors	<input type="checkbox"/>	<input type="text"/>
8. * Interview someone who has been evacuated	<input type="checkbox"/>	<input type="text"/>
9. * Roast marshmallows outdoors	<input type="checkbox"/>	<input type="text"/>
10. * Perform a wartime song	<input type="checkbox"/>	<input type="text"/>
11. * Design a product/business & pitch to 'investors'	<input type="checkbox"/>	<input type="text"/>
12. * Choose objects to put in a time capsule	<input type="checkbox"/>	<input type="text"/>
13. * Write and record/broadcast a radio play	<input type="checkbox"/>	<input type="text"/>
14. * Give someone a tour of your school	<input type="checkbox"/>	<input type="text"/>
15. * Make a dessert using rationed foods	<input type="checkbox"/>	<input type="text"/>
16. * Organise an afternoon tea/dance	<input type="checkbox"/>	<input type="text"/>
17. * See the sun set/sun rise	<input type="checkbox"/>	<input type="text"/>
18. * Taste test Greek foods	<input type="checkbox"/>	<input type="text"/>
19. * Go on a picnic	<input type="checkbox"/>	<input type="text"/>
20. * Build a den/shelter	<input type="checkbox"/>	<input type="text"/>

Our curriculum



We believe that learning should be a fun, motivating and rewarding experience. We want our children and their families to enjoy learning and have put together these lists to try and ensure the children receive a range of experiences, both in school and outside of school.

The idea is that throughout each academic year, your child will have a range of opportunities to experience new things and apply skills that have been developed throughout their time here at Bardfield Academy. We have tried to link them to our trust values of **collaboration**, **challenge**, **perseverance** and **innovation**.

Real learning has a purpose and is more likely to be remembered, that is why these lists include a wide range of activities that can reinforce skills and subject content covered in school, but also allow children to use and develop our trust values of collaboration, innovation, challenge and perseverance. We want to develop children's long term memory as well as make memories.

We hope you enjoy the range of experiences – we'd love to hear some new ideas if you have any 😊

Reception



Activity

	✓	Date:
1. * Roll down a hill	<input type="checkbox"/>	<input type="text"/>
2. * Paint a self portrait	<input type="checkbox"/>	<input type="text"/>
3. * Plant some bulbs and watch them grow	<input type="checkbox"/>	<input type="text"/>
4. * Go on an season walk	<input type="checkbox"/>	<input type="text"/>
5. * Make leaf rubbings	<input type="checkbox"/>	<input type="text"/>
6. * Jump in a puddle	<input type="checkbox"/>	<input type="text"/>
7. * Taste a new fruit	<input type="checkbox"/>	<input type="text"/>
8. * Visit a place of worship	<input type="checkbox"/>	<input type="text"/>
9. * Fly a kite	<input type="checkbox"/>	<input type="text"/>
10. * Make a paper boat and see if it floats	<input type="checkbox"/>	<input type="text"/>
11. * Perform a song	<input type="checkbox"/>	<input type="text"/>
12. * Re-tell a story to an audience	<input type="checkbox"/>	<input type="text"/>
13. * Post a letter	<input type="checkbox"/>	<input type="text"/>
14. * Meet a friend's pet	<input type="checkbox"/>	<input type="text"/>
15. * Search for butterflies outdoors	<input type="checkbox"/>	<input type="text"/>
16. * Take a photograph	<input type="checkbox"/>	<input type="text"/>
17. * Make a treasure map	<input type="checkbox"/>	<input type="text"/>
18. * Dress up as a superhero	<input type="checkbox"/>	<input type="text"/>
19. * Look up where you live on a map	<input type="checkbox"/>	<input type="text"/>
20. * Have a teddy bears picnic	<input type="checkbox"/>	<input type="text"/>

Year 5



Activity

	✓	Date:
1. * Take part in a debate	<input type="checkbox"/>	<input type="text"/>
2. * Learn something new about your local area	<input type="checkbox"/>	<input type="text"/>
3. * Visit a planetarium/Go star gazing	<input type="checkbox"/>	<input type="text"/>
4. * Make and launch an air powered rocket	<input type="checkbox"/>	<input type="text"/>
5. * Plan a tour around your local area	<input type="checkbox"/>	<input type="text"/>
6. * Build something with a gear/lever or pulley	<input type="checkbox"/>	<input type="text"/>
7. * Do a blind folded taste test	<input type="checkbox"/>	<input type="text"/>
8. * Write a story for the Reception class	<input type="checkbox"/>	<input type="text"/>
9. * Make a large scale model (Titanic)	<input type="checkbox"/>	<input type="text"/>
10. * Visit a science laboratory	<input type="checkbox"/>	<input type="text"/>
11. * Write a play	<input type="checkbox"/>	<input type="text"/>
12. * Recommend a book/film to someone	<input type="checkbox"/>	<input type="text"/>
13. * Put on a performance	<input type="checkbox"/>	<input type="text"/>
14. * Make papier mache planets	<input type="checkbox"/>	<input type="text"/>
15. * Climb something that is taller than you	<input type="checkbox"/>	<input type="text"/>
16. * Organise and take part in a fundraising event	<input type="checkbox"/>	<input type="text"/>
17. * Make a treasure hunt linked to Mayan's	<input type="checkbox"/>	<input type="text"/>
18. * Improve your local environment – eg litter pick	<input type="checkbox"/>	<input type="text"/>
19. * Investigate reversible and irreversible	<input type="checkbox"/>	<input type="text"/>
20. * Design & make an electric moon buggy model	<input type="checkbox"/>	<input type="text"/>

Year 4



Activity

	✓	Date:
1. * Make a smoothie	<input type="checkbox"/>	<input type="text"/>
2. * Design and create an invention	<input type="checkbox"/>	<input type="text"/>
3. * Write and perform a poem	<input type="checkbox"/>	<input type="text"/>
4. * Give everyone you see in a day a compliment	<input type="checkbox"/>	<input type="text"/>
5. * Watch a play or a dance production	<input type="checkbox"/>	<input type="text"/>
6. * Use a camera to document a performance	<input type="checkbox"/>	<input type="text"/>
7. * Make a mosaic	<input type="checkbox"/>	<input type="text"/>
8. * Create your own rainforest	<input type="checkbox"/>	<input type="text"/>
9. * Create a sculpture that shows "friendship"	<input type="checkbox"/>	<input type="text"/>
10. * Learn a Roman dance	<input type="checkbox"/>	<input type="text"/>
11. * Walk through a forest	<input type="checkbox"/>	<input type="text"/>
12. * Learn about a new religion/visit a place of worship	<input type="checkbox"/>	<input type="text"/>
13. * Make up your own game & teach it to someone	<input type="checkbox"/>	<input type="text"/>
14. * Visit a museum/art gallery	<input type="checkbox"/>	<input type="text"/>
15. * Skim stones	<input type="checkbox"/>	<input type="text"/>
16. * Visit a fantasy land and have an adventure	<input type="checkbox"/>	<input type="text"/>
17. * Write a letter to a celebrity you admire	<input type="checkbox"/>	<input type="text"/>
18. * Learn to sew on a button	<input type="checkbox"/>	<input type="text"/>
19. * Use a compass to follow a set of directions	<input type="checkbox"/>	<input type="text"/>
20. * Take part in a carnival	<input type="checkbox"/>	<input type="text"/>

Year 1



Activity

	✓	Date:
1. * Build a house with junk modelling	<input type="checkbox"/>	<input type="text"/>
2. * Bake some bread	<input type="checkbox"/>	<input type="text"/>
3. * Write your name in another language	<input type="checkbox"/>	<input type="text"/>
4. * Make a puppet	<input type="checkbox"/>	<input type="text"/>
5. * Go cloud spotting; look for pictures & shapes	<input type="checkbox"/>	<input type="text"/>
6. * Borrow a book from a library	<input type="checkbox"/>	<input type="text"/>
7. * Discover what is in a pond	<input type="checkbox"/>	<input type="text"/>
8. * Create a piece of art for an exhibition	<input type="checkbox"/>	<input type="text"/>
9. * Look up at the stars on a clear night	<input type="checkbox"/>	<input type="text"/>
10. * Perform a dance	<input type="checkbox"/>	<input type="text"/>
11. * Paint a rock and hide it	<input type="checkbox"/>	<input type="text"/>
12. * Visit a local landmark/landmark in London	<input type="checkbox"/>	<input type="text"/>
13. * Create a class collage	<input type="checkbox"/>	<input type="text"/>
14. * Keep a weather diary	<input type="checkbox"/>	<input type="text"/>
15. * Design a Tshirt for the beach	<input type="checkbox"/>	<input type="text"/>
16. * Play in the park with a friend your age	<input type="checkbox"/>	<input type="text"/>
17. * Go outside and draw/paint flowers	<input type="checkbox"/>	<input type="text"/>
18. * Join an extra-curricular club	<input type="checkbox"/>	<input type="text"/>
19. * Make a sandwich for a picnic	<input type="checkbox"/>	<input type="text"/>
20. * Perform in front of your class	<input type="checkbox"/>	<input type="text"/>

Year 2



Activity

	✓	Date:
1. * Go on a bike ride	<input type="checkbox"/>	<input type="text"/>
2. * Play a board game	<input type="checkbox"/>	<input type="text"/>
3. * Learn a poem off by heart	<input type="checkbox"/>	<input type="text"/>
4. * Walk alongside the sea or alongside a river	<input type="checkbox"/>	<input type="text"/>
5. * Bake a cake	<input type="checkbox"/>	<input type="text"/>
6. * Buy something and check your change	<input type="checkbox"/>	<input type="text"/>
7. * Write a postcard and send it to someone	<input type="checkbox"/>	<input type="text"/>
8. * Try ice painting	<input type="checkbox"/>	<input type="text"/>
9. * Become a nature detective	<input type="checkbox"/>	<input type="text"/>
10. * Dress up and take part in a role play day	<input type="checkbox"/>	<input type="text"/>
11. * Make a short film using the green screen	<input type="checkbox"/>	<input type="text"/>
12. * Compare a book that is also a film	<input type="checkbox"/>	<input type="text"/>
13. * Grow a beanstalk	<input type="checkbox"/>	<input type="text"/>
14. * Climb a hill	<input type="checkbox"/>	<input type="text"/>
15. * Go bird watching	<input type="checkbox"/>	<input type="text"/>
16. * Learn a Spanish song	<input type="checkbox"/>	<input type="text"/>
17. * Visit a zoo	<input type="checkbox"/>	<input type="text"/>
18. * Start a collection and share it with your class	<input type="checkbox"/>	<input type="text"/>
19. * Build an igloo/den	<input type="checkbox"/>	<input type="text"/>
20. * Go on a boat	<input type="checkbox"/>	<input type="text"/>

Year 3



Activity

	✓	Date:
1. * Make a shadow puppet and put on a show	<input type="checkbox"/>	<input type="text"/>
2. * Take part in Viking feast	<input type="checkbox"/>	<input type="text"/>
3. * Eat something you've not tried before	<input type="checkbox"/>	<input type="text"/>
4. * Paint a cave painting	<input type="checkbox"/>	<input type="text"/>
5. * Design and make a board game	<input type="checkbox"/>	<input type="text"/>
6. * Hold and research an artefact from the past	<input type="checkbox"/>	<input type="text"/>
7. * Compose a soundtrack for a piece of film	<input type="checkbox"/>	<input type="text"/>
8. * Make a pinhole camera	<input type="checkbox"/>	<input type="text"/>
9. * Take part in an excavation dig	<input type="checkbox"/>	<input type="text"/>
10. * Light a candle	<input type="checkbox"/>	<input type="text"/>
11. * Create a new game linked to your topic	<input type="checkbox"/>	<input type="text"/>
12. * Make something out of wood	<input type="checkbox"/>	<input type="text"/>
13. * Cook outdoors	<input type="checkbox"/>	<input type="text"/>
14. * Learn to play a game of cards	<input type="checkbox"/>	<input type="text"/>
15. * Tell your class about your favourite book	<input type="checkbox"/>	<input type="text"/>
16. * Produce rubbings of fossils	<input type="checkbox"/>	<input type="text"/>
17. * Try yoga	<input type="checkbox"/>	<input type="text"/>
18. * Eat something you have grown	<input type="checkbox"/>	<input type="text"/>
19. * Visit a city in the UK	<input type="checkbox"/>	<input type="text"/>
20. * Have dinner outdoors	<input type="checkbox"/>	<input type="text"/>